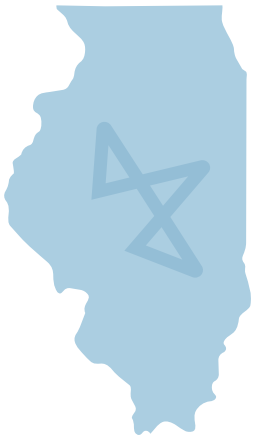
PREVENTION FIRST
Mental Health Training & Technical Assistance

ILLINOIS CRISIS HOTLINES

Statewide Support



988 Suicide & Crisis Lifeline (Illinois Centers)

Call or Text 988
Routes directly to the closest in-state crisis center based on your phone area code.

Language/Translation:

- English and Spanish are directly available for calls and texts. For automated **Spanish access, press 2 for calls** or **text 'SPANISH' to 988**.
- Tele-interpreters support 240+ additional languages for voice calls instantly.

CARES Line (Crisis and Referral Entry Services)

Call 1-800-345-9049 | TTY: 1-773-523-4504
Operational 24/7 specifically for youth, Medicaid-enrolled families, and statewide emergency crisis response.

Language/Translation:

- English. Telephone translation services for common secondary languages can be requested through the operator upon initial connection.

Illinois Warm Line

Call 1-866-359-7953
Peer-staffed mental health recovery support operating Monday through Saturday, 8:00 AM to 8:00 PM.

Language/Translation:

- Primarily English. Limited language assistance tools are available depending on on-duty peer staff availability.

Illinois Call4Calm Text Line

Text 'TALK' or 'HABLAR' to 552020
Free emotional support text line operated by the Illinois Department of Human Services.

Language/Translation:

- English and Spanish. Texting 'TALK' routes to an English operator; texting 'HABLAR' instantly routes to a Spanish-fluent counselor.

Funding by the Illinois Department of Public Health.

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ILLINOIS CRISIS HOTLINES

Northern Illinois and Chicagoland Region



NAMI Chicago Crisis Line

Call 833-626-4244
Local comprehensive mental health navigation and crisis counseling.

Language/Translation:

- English and Spanish spoken by direct on-site staff.
- Over-the-phone interpretation services can be dialed in for multi-language requests.

Lake County Crisis Care Program

Call 847-377-8088
Available 24/7 offering telephonic counseling and local mobile crisis team deployment.

Language/Translation:

- English and Spanish speaking specialists available.
- Uses language line interpreters for all other major spoken languages.

DuPage County Crisis Services

Call 630-627-1700
Operational 24/7 for residents requiring telephone intervention or localized support.

Language/Translation:

- English-based. Operators utilize a third-party Language Line to bridge calls into non-English options when requested.

Funding by the Illinois Department of Public Health.

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ILLINOIS CRISIS HOTLINES

Central Illinois Region



PATH Crisis Center (Bloomington / Normal Area)

Call 988 or 211, or text 'PATH' to 898211
Provides primary central Illinois coverage for emergency referrals.

Language/Translation:

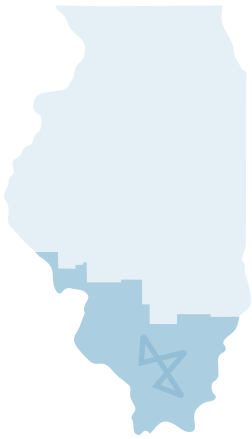
- English text and voice.
- Voice translation options for 150+ foreign languages are available via integrated live language service lines.

Funding by the Illinois Department of Public Health.

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ILLINOIS CRISIS HOTLINES

Southern & Western Illinois Region



Centerstone Crisis Line

Call 1-855-985-0911
24/7 regional emergency line serving southern and western Illinois counties.

Language/Translation:

- English direct response.
- External tele-interpreter lines are utilized dynamically during an active call if a language barrier is identified.

NAMI Southwestern Illinois (Metro East Area)

Call 988 or connect with regional community mental health units via local emergency triage.

Language/Translation:

- English direct.
- Backed by 988's extensive 240+ language line infrastructure when dialed through the 988 emergency portal.

Funding by the Illinois Department of Public Health.